

# PHYSICIAN PROFILE



**Khang Lai, D.O.**

*Board Certified*

*Physical Medicine &  
Rehabilitation*

*Specialist*

*Board Eligible*

*Pain Medicine*

Dr. Lai has built his entire career around pain management. He is a graduate of UC-Irvine and Western University of Health Sciences. He is educated not only in biomedical sciences as a medical doctor but also in osteopathy, with emphasis on the nerves, muscles and bones under the philosophy of treating the whole person to the prevention, diagnosis and treatment of illness, disease and injury.

Dr. Lai received his Physical Medicine and Rehabilitation residency training from UCLA, and Pain Management Fellowship training at Integrated Pain Management in Concord, California.

Dr. Lai had many offers of opportunity to practice elsewhere, but in the end, he chose to return to Orange County and join PainCare's truly integrated practice. He brings with him sophisticated diagnostic and interventional skills including ability to perform electrodiagnostic studies.

Dr. Lai plays tennis and volleyball. He also enjoys conversation, especially over a nice cup of coffee.